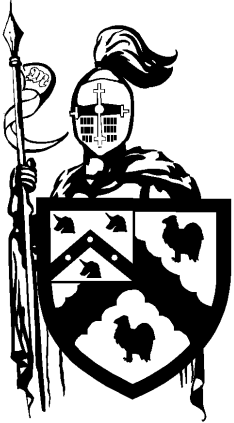


A Salute to the Seniors



***St. Thomas More
Knights***

Versus



**LORD TWEEDSMUIR
PANTHERS**

November 4th, 2011

Burnaby Lakes Sports Complex



St. Thomas More Knights Roster 2011



#	PLAYER NAME	POS	HT	WT	GRADE
1	Ty Stewart	WR,DB,K/P	5'7	150	11
6	Marwin Empainado	RB,CB	5'10	175	12
9	Mikey Carney	QB,DB,K/P	5'11	175	12
10	Justin Siglos	RB,DB,K/P	5'5	145	12
11	Giovanni Trasolini	WR,DB	6'3	180	11
12	Chase Malcom	QB,DB	5'11	170	10
19	Darth Capellan	RB,DB	5'5	150	10
20	Jalen Jana	RB,CB	5'9	150	10
21	Brando Nguyen	RB,DB	5'8	170	12
22	Colin Fernandes	WR,DB	5'8	160	11
23	Alex Golding	TE,DE,K/P	5'11	195	12
25	Aidan Golding	TE,LB	5'10	190	12
27	Louis Landolt	WR,DB	5'11	175	12
31	Noah Usherwood	RB,LB	6'1	185	10
32	Elliot Nelson	RB,LB	5'11	225	11
34	Kyle Madden	RB,LB	6'0	215	12
36	Sebastian Adugalski	RB,DB	6'0	190	11
44	Javier Tudela	TE,DB	5'10	180	11
45	Kevin Marshall	TE,DB	6'1	170	10
47	Tim Jackson	RB,DB	5'11	195	12
49	Eric Bauer	TE,DE	5'10	160	10
51	Jordan Biring	G,DL	5'10	180	11
54	Justin Durana	G,DL	5'11	200	11
55	Konrad Maludzinski	T,DL	5'11	217	12
57	Terrance Cadiente	G,DL	5'10	210	12
63	Matt Evans	OL,DL	5'10	260	12
64	Rafal Posypanko	G,DT	6'0	260	10
65	Philip Stevenson	C,DL	6'3	235	12
66	Simon Diersch	C,DT	6'2	230	11
72	Ryan Rickaby	G,DE	5'10	170	10
77	Anthony Dale	G,DL	5'10	180	11
78	Nico Repole	T,DL	6'2	190	11
79	Felix Gacusana	T,DT	6'2	280	11
82	Malcolm Lee	WR,CB	6'0	170	10
85	AJ Palacio	WR,DB	5'10	160	12
88	Dante Vigni	TE,DE	6'2	185	11

TEAM PERSONNEL

Head Coach: Bernie Kully

Offensive Coordinator: Brian Higgins

Assistant Head Coach: David Mattiazzo

Defensive Backs/ Wide Receivers: Dom Sindalski

Quality Control: Joe Adams

Line Coach: Steve Harte

Athletic Trainer: Rusty Wills

Managers: Cheyenne Bengco, Agatha Czekajlo, Leah Singer, Stephanie Woo



(Missing from photo: Leah Purdey, Simone DesLauriers)





Lord Tweedsmuir Roster 2001



#	<u>PLAYER NAME</u>	POS	HT	WT	GRADE
1	Jenner Barth	R,DB	5'9"	150	12
2	Matthew Theilmann 	R,DB	5' 11"	150	12
3	Jesse Trousil	QB,DB	6' 1"	180	11
4	Michael Messenger	QB,DB,K/P	6' 2"	200	12
6	Nick Andrews	TE,DL	6' 2"	190	11
7	Dayton Campbell-Harris	RB,LB	6' 1"	207	12
10	Robert Jones	RB,DB	5' 10"	170	12
12	Braden Champion	RB,LB	6' 3"	250	12
19	Jules Kehler	TE,LB	6' 0"	200	12
21	Travis MacDonald	R,DB	5' 10"	173	11
22	Nathan Carrol	RB,DB	5'10"	170	12
28	Taylor Anderson	RB,DB	5' 6"	135	11
33	Ryan Godard	RB,DL	5' 10"	210	11
34	Austin Iredale	RB,DL	6' 1"	200	11
44	Damani Valentine	RB,LB	6' 2"	220	11
45	Austin Townsend 	TE,LB	6' 0"	160	12
50	Tyler Campbell	OL,DL	5' 11"	175	11
55	Michael Lepik	OL,DL	5' 11"	170	12
66	Paul Litt 	OL,LB	6'0"	195	12
67	Alex Pearons	OL,DL	6' 5"	250	12
68	Brock Anderson	OL,DL	6' 4"	305	12
71	Shey Pinder	OL,DL,K/P	6' 4"	310	11
74	Jason Nowlin	OL,DL	5' 9"	220	11
76	Robert Masotti	OL,LB	6' 2"	210	11
77	Ryan Byrne	OL,DL	6' 2"	240	11
79	Steven Mayervich	OL,DL	6' 3"	315	12
80	Christian Berger	R-	5' 10"	155	12
81	Cayden Helders	R,DB	5' 9"	130	11
85	Anderson Osorio 	R,DB	6'0"	150	12

Team Personnel

Head Coach: Kurt Thornton

Defensive Coordinator: Lou DesLauriers

Offensive Coordinator: Jordy Cameron

Linebackers Coach: Gord Masi

Assistant Coach, Trainer: David Burt,

Assistant Coach: Jack Cameron

Team Manager: Bruce Ewing

A Word From the Coaches



As we come to the end of another great regular season of STMC football, it is important that we extend some heartfelt THANK YOU's! First to the fans and staff for coming out and supporting our team week in and week out. To the parents, thank you for the time and effort that you have put into your boys. They have been a pleasure to coach and will be successful in the future no matter what they choose to do. Your support of them as players and young men is important and we thank you for that. A special thank you must go to our Pasta Moms and Dads. Your tireless devotion to your sons and the program has been much appreciated.

Thank you to our managers Stephanie Woo, Leah Purdey, Simone Deslauriers, Cheyenne Bencgo, Agatha Czekajlo and Leah Singer. Thank you to our stats people Patrick Savage, Justin Regacho, Isiah Regacho and Tim Winter. Thank you to Dan and Joni

Cahill for their effort and dedication to the program. Thank you must go out to our trainer Rusty Wills who does a tremendous amount of work keeping our team healthy. In addition, a very special thank you to the "friends" of the STM football program for helping with purchase of new white jerseys for both the Junior Varsity and Varsity teams. Your contributions are very much appreciated by the team.

Finally thanks to the seniors who are playing their final home game for St. Thomas More tonight, especially the members of the **5 Year Club**. The example you have set for future gridiron Knights is awesome. For the past three seasons your dedication and leadership at STM have been awesome. You are a special group and your dedication and effort will not soon be forgotten. Seniors! We still have lots of goals left to reach this season, but take this afternoon to sit back and enjoy it because you have earned it. All the best in the future and please stay in touch. You are now a member of the STMC football fraternity and that is something that lasts a lifetime.

Lastly I would like to say thank you to all of the coaches within the STM program. Your hard work, dedication and commitment is spectacular and we are truly blessed to have each one of you. Thank you to Coach Ruzycki, Coach Higgins, Coach Mattiazzo (The World's Fastest Campus Minister), Coach Sindalski, Coach Adams, Coach Steele, Coach Flamia, Coach Harte, Coach Wills, Coach Delazzarri, Coach Taco, Coach Mitchell, Coach Tuason, Coach Fitzpatrick, Coach Dalupang, Coach Molanari, Coach Wilson, Coach Simone and Br. Cassidy

Thank you from Head Coach Bernie Kully

The Knights of 2011



The Members of the Five Year Club

These young men have toiled on the gridiron in the red and white of STMC for 5 years. Their dedication and commitment to the program has been unmatched and their accomplishments have been amazing. They have contributed greatly to the tradition of excellence that is Knights Football.

We offer them our thanks and congratulations.



#9 Mikey Carney



#23 Alex Golding



#25 Aiden Golding



#34 Kyle Madden



#47 Tim Jackson



#55 Konrad Maludzinski



#65 Phil Stevenson



#10 Justin Siglos vs VC

Meet the Rest of the Seniors

We also congratulate and thank the rest of the seniors who have made the Knights of 2011 a team to remember!



#6 Marwin Empainado



#10 Justin Siglos



#21 Brando Nguyen



#27 Louis Landolt



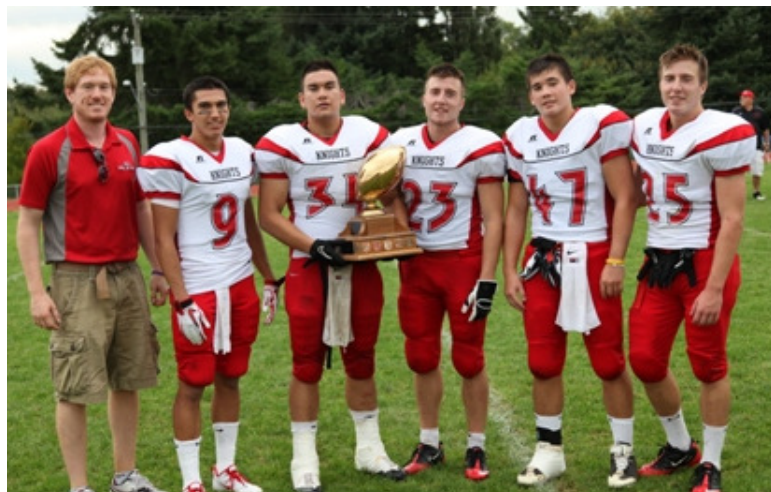
#57 Terrance Cadiente



#63 Matt Evans



#85 AJ Palacio



Victory over Holy Cross in the 2011 Pepsi Bowl

Knights Playing Football in the CIS

UBC Thunderbirds: Sam Carino ('06), Phil Dick ('08), Nathan Bosa ('08), Jordan Bosa ('10), Sabdeep Sidhu ('10), Jake Woodson ('10),
Ross Hilliam ('11),

Simon Fraser University Clan: JR Morales ('10)

SFU Coaches: Marc DesLauriers ('04), Jared Power ('04)

Acadia University: Jordan Morris ('11)

Knights in the NCAA

Oregon State Beavers: Keynan Parker ('08)

Knights in the CFL

Jon Cornish
Calgary Stampeders



Calvin McCarty
Edmonton Eskimos

Campaign Update: 80% of Goal Raised for New Athletics & Community Centre.

With another \$1.2 million in pledges, STMC will start construction on the 27,000-square-foot StanJean Athletic & Community Centre. STMC's campaign to build new athletics & community facilities is seeing an inspiring outpouring of support, with over 80% of the \$6.3 million pledges needed to start construction.

The master plan includes the addition of an NBA-sized double-gym, full fitness centre (Phase 1), and a lighted turf field and field house (Phase 2). These new facilities will change the face of the STMC campus, providing a proper home for STMC's sports teams and P.E. programs. To date, STMC has raised over \$5.2 million in pledges and gifts from current families, alumni and friends.

For more information about the campaign contact our Director of Development and Community Relations, Jen Shelnutt-Jayme.

Phone: 604-521-1801 ext. 131

Facsimile: 604-520-0725

Email: Jen.Shelnutt@stmc.bc.ca

With the support of the entire community, the new Athletics and Community Centre will soon be a reality.

A little  **MORE** goes a long way.
Give to the **More Spirit Campaign**.

Knights Varsity Football - The Season So Far 8 - 0

DATE	TIME	AWAY	SCR	HOME	SCR	LOCATION
Fri, Sep. 9	7:00P	Notre Dame	7	STMC	10	Burnaby Lakes
Sat, Sep. 17	1:30P	STMC	14	Vancouver College	7	Power Memorial Field
Sat, Sep. 24	1:30P	STMC	55	Holy Cross	28	Holy Cross
Fri, Sept 30	3:30P	STMC	*DNP	Windsor	*DNP	Windsor
Fri, Oct. 7	1:30 P	Mouat	20	STMC	25	Burnaby Lakes
Fri, Oct. 14	2:00 P	STMC	37	Centennial	6	Coquitlam Town Center
Fri, Oct. 21	7:00P	Terry Fox	7	STMC	21	Coquitlam Town Center
Sat, Oct. 29	1:30 P	STMC	*DNP	Earl Marriott	DNP	Earl Marriott Secondary
Fri, Nov 4	7:00 P	Lord Tweedsmuir		STMC		Burnaby Lakes

- STMC wins both games by forfeit.

Playoff Schedule

Round 1	Date	Fri/ Sat
November: 11/12	TBA	
Quarter Finals		
Fri/ Sat	November: 18/19	TBA
Semi- Finals		
Fri/ Sat	November: 25/ 26	TBA
Subway Bowl	Saturday, December 3	TBA



Junior Varsity Season to Date 8 - 0

Sep 9th 2011	Notre Dame	Burnaby Lakes	STM	40 - ND 6
Sep 15th 2011	Vancouver College	Vancouver College	STMC	48 - VC 14
Sep 24th 2011	Mount Douglas	Mount Douglas	STMC	20 - Mount Doug 7
Oct 6th 2011	Terry Fox	Burnaby Lakes	STMC	38 - Terry Fox 6
Oct 13th 2011	Lord Tweedsmuir	Lord Tweedsmuir	STMC	19 - Tweedsmuir 17
Oct 20th 2011	Earl Marriott	Burnaby Lakes	STMC	55 - Earl Marriott 0
Oct 27th 2011	WJ Mouat	WJ Mouat	STMC	43 - Mouat 21
Nov 3rd 2011	Centennial	Burnaby Lakes	STMC	34 - Centennial 6

Grade 8 Season to Date 5 - 1

Sep 20th 2011	Jamboree		
Sep 27th 2011	STMC 30	HD Stafford	8
Oct 4th 2011	STMC 28	Holy Cross	2
Oct 11th 2011	STMC 16	Hugh Boyd	6
Oct 18th 2011	STMC 6	Tweedsmuir	21
Oct 25th 2011	STMC 44	Abbotsford	0
Nov 1st 2011	STMC 30	Seaquam	14
Nov 8th 2011	STMC	Handsworth	



Victory over VC! Homecoming 2011