



ST. THOMAS MORE COLLEGIATE

HOME OF THE KNIGHTS SINCE 1960

Monday, June 1st, 2020

Dear STMC Students and Parents,

Today marks the start of the tenth week of our STMC Remote Teaching & e-Learning Plan.

A reminder that as instruction in all classes winds down... we encourage every single one of our students to finish as strong as they possible can. These final two weeks will be chalk-full of summary activities and assignments – all of which will go towards their Term 3 and Final Report Card for the 2019-2020 school year.

A few updates as we begin our last two weeks of our Remote Teaching & e-Learning Plan...

Grade 11 & Grade 12 Career Life Connections Presentations – Wednesday, June 3rd, 2020 9AM-12Noon

On **Wednesday June 3rd, 2020** we will be conducting our Career Life Connections 11/12 Capstone & Exit Interviews with our senior students.

The Grade 11s will be presenting their Capstone Projects; the Grade 12s will be making presentations as part of their Graduation Exit Interviews. Our students in Grades 11 and 12 will be presenting materials they have been working on, in some cases since early January of this year. All students have been notified and given detailed instructions via their respective Career Life Connections Google Classroom and should be ready to go for this Wednesday!

With a total of >275 individual interviews on Wednesday... all of our staff have been asked to help conduct interviews that morning. **REMINDER:** No tutorials will be conducted for our students in Grades 8-10 on this particular **FLEX Wednesday**.

Locker Clean-Out & Return of ALL Learning Resources/Books/Uniforms/ETC...

ALL of our students will be emailed the specific time and day during the week of June 15-19, 2020 when we will be asking them to return to the school to clean our their lockers and to hand back any/all learning resources/books/uniforms that they were assigned.

Students will be assigned a specific window of time to come into the school in groups of 25-30 based upon our new House System (Canterbury, Dublin, Limerick, London, & Waterford) to thoroughly clean out their lockers, and to hand back all materials.

Canterbury House - Monday, June 15th, 2020 (12Noon – 2:30pm)

Dublin House – Tuesday, June 16th, 2020 (12Noon – 2:30pm)

Limerick House – Wednesday, June 17th, 2020 (12 Noon – 2:30pm)

London House – Thursday, June 18th, 2020 (12Noon – 2:30pm)

Waterford House – Friday, June 19th, 2020 (12Noon – 2:30pm)



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[Canterbury and London Houses named in honour of our namesake – St. Thomas More; Dublin, Limerick, and Waterford Houses are in honour of the founder of the order of Christian Brothers and the Presentation Brothers, Blessed Edmund Rice.]

Our students should expect an email to their school account before the end of this week providing them with their day/time to enter the building.

More details to follow...

Mental Health & Wellness Updates

Apologies to Mr. & Mrs. De Lazzari... With all of the communications that went out last week regarding our STMC Phased Re-Start Plan, and, the updates regarding the STMC Grad 2020 events I was not able to post their Wellness Break from last week.

Their **Wellness Break (Episode 6)** presentation, *Brief Muscle Relaxation*, can be viewed using the following ([link](#)).

AND... Here is their **Wellness Break (Episode 7)** presentation for this week, *Getting To Know Stressors*. It can be viewed using the following ([link](#)).

Once again our Personal Counsellors would like to remind our students that if they would like to schedule a time to chat with any one of our personal counsellors – Mr. DeLazzari, Mrs. De Lazzari, and Ms. Danielle Lowe – that you please send them an email (steve.delazzari@stmc.bc.ca ; patricia.delazzari@stmc.bc.ca ; danielle.lowe@stmc.bc.ca). If you have any questions or concerns, please do not hesitate to contact any of our counsellors at the emails listed above - Parents too!

Finally, as I have asked in each of my communiques to you since the start of the pandemic I ask that you pray for the continued good health of our Christian Brothers – Bro. Bassett, Bro. Cass, and Bro. Hugh O’Neil – as well as everyone associated with our St. Thomas More family!

God Bless & Kind Regards!

Steve Garland

Principal – STMC

Care + Comfort + Compassion

Continuing our work to connect Heads & Hearts...

Grounding all of our work in that which fills our soul and gives meaning to our work as a community...