



St. Thomas More Collegiate

LEARN. LEAD. SERVE.

Course Selection Sheet Grade 10 - 2026/2027

Directions:

1. This is a worksheet only.
2. Please consult the [Course Selection](#) information posted on the website, including the Course Programming Guide.
3. Course selection should be entered online using PowerSchool. Parents and students should work together to select courses. Selections are considered to have parent approval.
4. Please see an Academic Counsellor in Student Services (Mr. Bouwman, Ms. Chinnapen, Mr. Mitchell, Ms. Walker) if you have any course selection questions. See Mr. Olson if you are experiencing difficulties registering for courses using PowerSchool.
5. The **deadline** for course selections to be entered into PowerSchool is **March 4, 2026**.
6. Check the boxes of the courses you wish to take after consulting with your Academic Counselor, your classroom teachers and your parents.

A. Pre-Selected Courses

- ✓ Career Life Education 10 (offered via an integrated delivery model)
- ✓ Composition 10 and Literary Studies 10 (two 2 credit courses that create English Language Arts 10)
- ✓ Core French 10*
- ✓ Religion 10
- ✓ Physical & Health Education 10
- ✓ Science 10
- ✓ Social Studies 10

[*Students with an IEP that require a Learning Strategies block are second language exempted]

B. Select 1 of the following Mathematics Options:

- Workplace Mathematics 10
- Foundations of Mathematics & Pre-Calculus 10
- Pre-Calculus 11 (Prerequisite: Foundations of Math and Pre-Calculus 10)

C. Select any 1 of the following ADST or Arts Education on timetable offerings:

- | | |
|--|---|
| <input type="checkbox"/> Art Studio 10 | <input type="checkbox"/> Graphic Production 11 |
| <input type="checkbox"/> Composition and Production 11 | <input type="checkbox"/> Human Kinetics 11 |
| <input type="checkbox"/> Computer Programming 11 | <input type="checkbox"/> Media Arts 11 |
| <input type="checkbox"/> Concert Choir 10 | <input type="checkbox"/> Technology Explorations 10 |
| <input type="checkbox"/> Concert Band 10** | <input type="checkbox"/> Weight Training 11 |
| <input type="checkbox"/> Drafting 10 | |

** students who have not previously taken Concert Band at STMC must speak with the band director, Ms. MacLellan, before enrolling.

D. Outside of Timetable Electives – these courses run before or after school.

Arts Education: Admission to the following courses is by audition only. Students must be enrolled in on-timetable Concert Choir or Concert Band to be able to take these courses. Please contact the Choir Director, Mr. Lui, or the Band Director, Ms. MacLellan, for more information about auditions for these programs.

- Chamber Choir 10
- Vocal Jazz 10
- Jazz Band 10

OVERVIEW:

All students enrolled in:	<input type="checkbox"/> Career Life Education 10 <input type="checkbox"/> Composition 10 <input type="checkbox"/> Literary Studies 10 <input type="checkbox"/> Physical & Health Education 10 <input type="checkbox"/> Religion 10 <input type="checkbox"/> Science 10 <input type="checkbox"/> Social Studies 10	
Mathematics (choose 1):	<input type="checkbox"/> Foundations of Math & Pre-calculus 10 <input type="checkbox"/> Workplace Mathematics 10	<i>If currently taking Foundations of Math & Pre-calculus 10:</i> <input type="checkbox"/> Pre-calculus 11
Language or Learning Strategies (choose 1):	<input type="checkbox"/> Core French 10 <i>Or if currently in Learning Strategies 9</i> <input type="checkbox"/> Learning Strategies 10	<i>If currently taking Core French 10, or 11</i> <input type="checkbox"/> Core French 11 <input type="checkbox"/> Core French 12
ADST or Arts Education on timetable (choose 1):	<input type="checkbox"/> Art Studio 10 <input type="checkbox"/> Composition and Production 11 <input type="checkbox"/> Computer Programming 11 <input type="checkbox"/> Concert Choir 10 <input type="checkbox"/> Concert Band 10 <input type="checkbox"/> Drafting 10 <input type="checkbox"/> Graphic Production 11 <input type="checkbox"/> Human Kinetics 11 <input type="checkbox"/> Media Arts 11 <input type="checkbox"/> Technology Explorations 10 <input type="checkbox"/> Weight Training 11	
Off Timetable:	<input type="checkbox"/> Chamber Choir 10 <i>*by audition</i> <input type="checkbox"/> Vocal Jazz 10 <i>*by audition</i> <input type="checkbox"/> Jazz Band 10 <i>*by audition</i>	